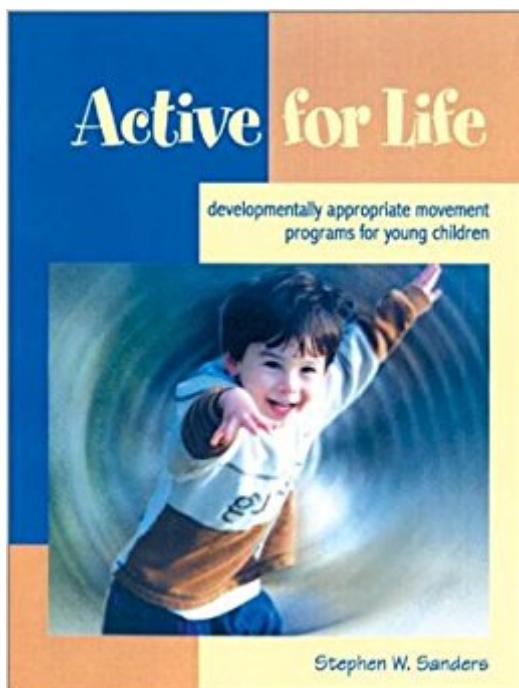


The book was found

# Active For Life: Developmentally Appropriate Movement Programs For Young Children



## Synopsis

Most young children love vigorous physical activity, but research shows that they may not continue to be active throughout childhood and beyond if they lack a foundation of skills. Early childhood educators need to ensure children's learning of the physical skills as well as movement concepts necessary to start them toward active and healthy lives. This book provides guidance on what high-quality movement programs should include: environments designed for young children, effective curriculum components, developmental approaches to teaching, planned assessment, and more. Unlocking children's movement potential will inspire a love of physical activity for years to come.

## Book Information

Paperback: 128 pages

Publisher: Human Kinetics Publishers (January 2002)

Language: English

ISBN-10: 1928896049

ISBN-13: 978-1928896043

Product Dimensions: 10.9 x 8.4 x 0.3 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 4.3 out of 5 starsÂ  [See all reviewsÂ \(3 customer reviews\)](#)

Best Sellers Rank: #852,908 in Books (See Top 100 in Books) #104 inÂ Books > Sports & Outdoors > Individual Sports > Fencing #2184 inÂ Books > Education & Teaching > Schools & Teaching > Early Childhood Education #14102 inÂ Books > Education & Teaching > Schools & Teaching > Education Theory

## Customer Reviews

As a gym teacher for infants through Kindergarten age children, this book gave me some concrete ideas of what might or might not work with children of differing developmental ages. This book will also help parents to have realistic expectations for their own child's physical abilities.

awesome

okay

[Download to continue reading...](#)

Active for Life: Developmentally Appropriate Movement Programs for Young Children Movement Matters: Essays on Movement Science, Movement Ecology, and the Nature of Movement Developmentally Delayed Children (Child Psychology Book 7) Green Wizardry: Conservation, Solar Power, Organic Gardening, and Other Hands-On Skills From the Appropriate Tech Toolkit Elementary and Middle School Mathematics: Teaching Developmentally (8th Edition) (Teaching Student-Centered Mathematics Series) The Cassell Dictionary of Appropriate Adjectives Active Directory: Designing, Deploying, and Running Active Directory The Complete Works of Stephen Crane (12 Complete Works of Stephen Crane Including The Red Badge of Courage, Maggie - A Girl of the Streets, Active Service, The O'Ruddy, Active Service, And More) Best Music for Young Band: A Selective Guide to the Young Band/Young Wind Ensemble Repertoire Movement and Experimentation in Young Children's Learning: Deleuze and Guattari in Early Childhood Education (Contesting Early Childhood) Effective TCP/IP Programming: 44 Tips to Improve Your Network Programs: 44 Tips to Improve Your Network Programs Insider's Guide to Graduate Programs in Clinical and Counseling Psychology (Insider's Guide to Graduate Programs in Clinical & Counseling Psychology) Graduate Programs in Business, Education, Information Studies, Law & Social Work 2017 (Peterson's Graduate Programs in Business, Education, Health, Information Studies, Law and Social Work) Brooks/Cole Empowerment Series: Social Welfare Policy and Social Programs (SW 323K Social Welfare Programs, Policies, and Issues) Building Structures with Young Children (Young Scientist) Youth Strength Training:Programs for Health, Fitness and Sport (Strength & Power for Young Athlete) Reading Programs for Young Adults: Complete Plans for 50 Theme-Related Units for Public, Middle School and High School Libraries Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) The Everything Parent's Guide to Children with Asthma: Professional advice to help your child manage symptoms, be more active, and breathe better Indoor Action Games for Elementary Children: Active Games and Academic Activities for Fun and Fitness

[Dmca](#)